

2020
40 under
forty
AWARDS

KATHRYN RATTIGAN | 34

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How has COVID-19 impacted your work-life balance?

Fortunately, my daughter, Emma, was born on Feb. 27 right before the pandemic led to office closures and working from home. I have been balancing my newborn daughter and my 2½-year-old son's preschool curriculum. I head "back to work" from home [soon], but I enjoyed every minute of my time with my kids safe at home.

What is the best advice you have ever received?

Be sure to take care of yourself. If you don't take care of yourself, you won't be able to take care of others.

What is your greatest attribute that you bring to your job?

My enthusiasm and energy.

What is your favorite Rhode Island food or drink?

Oysters and Yacht Club Blue Raspberry Soda.

Red Sox, Patriots, Celtics or Bruins?

Patriots (even without Tom Brady).

Fox or MSNBC?

Neither. I stay away from the news these days.

Facebook, Instagram, Twitter or LinkedIn?

Instagram. ■

THE PROP

Kathryn Rattigan has been balancing her newborn daughter, Emma, and the preschool curriculum her son, Ryan, during the COVID-19 pandemic.

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